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Chiropractor and feng shui consultant scoop top business women awards

South Tipperary's top business awards for women have gone to a chiropractor and an interior designer and feng shui consultant and trainer.

The awards were presented at a Network South Tipperary ceremony in Hotel Minella, Clonmel. Businesswoman of the Year 2009 (Self employed) went to Nina Kati of Working Wonders. Una Murphy, President of Network Ireland attended and presented prizes to the winners.

These included a Compulearn Technology Training voucher, Tipperary South County Enterprise Board mentoring advice voucher and both ladies received a piece of Tipperary Crystal and a framed certificate. Hotel Minella presented Nina and Marie with an accommodation voucher.

Nina is working wonders in the home.

Nina Kati is an interior designer, Chinese Master trained feng shui consultant and trainer. She specialises in combining feng shui with interior design as a central theme to create balance and harmony, and this powerful combination, which makes her work rather unique, has attracted much attention from both the media and the public. She has been featured in magazines and newspapers, radio and television, including RTE's 'Show House' when she was selected to participate from over 600 interior designers in their biggest project to date. She recently won the Network Ireland 2009 Businesswoman of the Year Award (South Tipperary) for 'Professionalism in

Business'.

Nina believes the home is a personal sanctuary in which to rest and rejuvenate - a healing place for mind, body and spirit. She ensures her schemes are specifically tailored to meeting her clients' tastes, needs and preferences - from detailed drawings right through to design implementation. Her trademark is to create an effect of subtle suggestion rather than the obvious, to appeal to the senses and the emotions, and to promote a sense of peace and tranquility. She sums up her design style as 'Calm, elegant and desirable'.

Nina trained under a Chinese master to learn authentic feng shui, which concerns the relationship between our homes and us, and which is about matching people to their homes and workspaces.

She works with private individuals and also with businesses, where she helps business owners and managers develop a more positive image, improve staff morale and customer relations, promote team work and increase output, and transform public and staff areas into a more pleasant environment. Her clients appreciate her work because it has such a positive impact on their lives.

Having travelled extensively and lived in several countries, Nina brings an international style to her work so that her interiors have universal appeal; they aren't too summery or too wintry, too feminine or too masculine, too young or too old. In areas such as kitchens and offices she places great importance on a clutter-free environment with lots of free work surfaces to

promote clear thinking, quick decision-making and speed tasking. In bedrooms she uses subtle textures and colours to appeal to the emotions and the senses, in bathrooms she uses natural products and materials to promote a sense of peace and tranquility, and in living spaces she creates a sociable space that encourages a good atmosphere and great conversation.

For styling any interior, Nina feels that colour, warmth and practicality are three important considerations, and that calm colours teamed with an accent palette of winter berry colours is ideally suited to the Irish climate and light. She usually selects soft muted colours (such as stone, cappuccino and pale grey-green) for a gently blended background and then adds certain

proportions of rich colours (such as burgundy, olive, pumpkin, grape or aubergine) and luxurious textiles.

Nina loves finishing touches that add sparkle; she looks on accessories as 'jewellery for the home'. She doesn't believe in revealing everything to the eye in one glance and thinks there should be enough visual interest to hold someone's attention no matter which aspect of a room comes into view. She says 'Aim to get the proportions and style of a space correct and then make the scheme truly outstanding by using the right balance of colour, texture and pattern'. She adds 'Choose simple and timeless for the main aspects of an interior, as it's cheaper and more practical to update the accessories than to create a whole new scheme'.



At the presentation of the Network South Tipperary Businesswoman of the Year awards – Una Murphy, President, Network Ireland and Nina Kati, Businesswoman of the Year 2009 (Self employed)